



CURRICULUM LEARNING AREAS AND DISCUSSION POINTS

EPISODE FOUR: The Battle!

EPISODE LINK: <https://podcasts.apple.com/au/podcast/busy-bodies-with-mr-snot-bottom/id1458290293?i=1000646786447>

EPISODE SYNOPSIS:

In order to fight off the zombie boogers, the snot squad learn about the science of cold medicines, revealing how decongestants and paracetamol work. But when Mr Snotbottom discovers he's been hit by some menacing mucus, he starts to transform into a phlegmy creature!

LEARNING AREAS: Health and Physical Education, Drama

EXERCISE ONE: MEDICINES AND FEELING BETTER!

Year Level: Upper Primary

LEARNING AREA: Health and Physical Education – Being Healthy, Safe and Active: Identify and practice strategies to promote health, safety and wellbeing.

Q1) When Mr Snotbottom and Samantha are attacked by zombie boogers, they use cold medicine to stop them. What is the scientific name for cold medicine.

Answer: Decongestants.

Q2) How do decongestants work to make us feel better?

Answer: Decongestants tighten the blood vessels, causing less blood to travel to your nose. This means you make less mucus which unclogs your nose, making it feel less congested!

Q 3) Samantha also fires a medicine called paracetamol at the zombie boogers. How does paracetamol make us feel better?

Answer: It cools your body temperature down reducing fever and lowering pain you might feel.

Q4) What happens if you take too much medicine? Answer: Your blood vessels rebound quickly, so your body makes even more mucus!

Q 5) Samantha finds lots of other ways to defend the snot squad from zombie boogers. What are some ways to help you recover when you are sick.

Answer: Drink plenty of water, keep warm (warm showers, warm drinks, soups), eat healthy foods and get plenty of rest

EXERCISE TWO: STOPPING THE SPREAD OF GERMS

Year Level: Lower Primary/Upper Primary

LEARNING AREA: Health and Physical Education –Contributing to healthy and active communities: Identify actions that promote health, safety and wellbeing.

DISCUSSION 1) Why is it important to sneeze into a tissue or your elbow?

Answer: Because there are over 10,000 different germs in the droplets you sneeze out. Sneezing into a tissue or your elbow helps stop those droplets from spraying everywhere and spreading germs.

DISCUSSION 2) What are some other ways to stop the spread of germs?

Answers: wash your hands (at least 30 seconds), social distance (1 metre away), tell an adult if you don't feel well, stay home if you're sick.

EXERCISE THREE

Year Level: Lower Primary

LEARNING AREA: Drama- Respond and Interpret: Respond to drama and describe some of the characteristics they observe.

Discussion: In Mr Snotbottom and The Battle of the Zombie Boogers, the performers change their voices to sound more like zombie boogers. Can you describe how their voices sound? Do you think the performers sound like zombie boogers? Why or why not?

EXERCISE FOUR

Year Level: Lower Primary

LEARNING AREA: Drama – Drama Practices: Use voice, facial expression, movement and space to imagine and establish role and situation.

Practical: Use your voice to show the class how you think a zombie booger would sound. Choose another object or animal that wouldn't normally talk. Maybe it's a pencil? A mouse? A block of ice? An elephant? A balloon? How do you think they would sound based on their look? What kinds of things would this character do or say?